



Ernæring & Allergi

| Produkt | Vægt (g/ml) | Kcal | Fedt (g) | Heraf mættede fedtsyrer (g) | Kulhydrat (g) | Heraf sukkerarter (g) | Protein (g) | Salt (g) | Allergener | Tilsætningsstoffer |
|------------------------------|--|--------|----------|-----------------------------|---------------|-----------------------|-------------|----------|----------------------------|------------------------|
| 1 Kyllingestykke* | 97,0 | 233,0 | 13,6 | 4,0 | 9,0 | 1,0 | 19,0 | 1,5 | 1, 4, 7, 10 | 23, 25 |
| 3 Hot Wings ®* | 78,6 | 248,3 | 16,9 | 6,0 | 9,0 | 0,0 | 15,0 | 1,5 | 1, 4, 7 | 20, 21, 23, 24, 25 |
| 3 Crispy Strips* | 121,8 | 292,3 | 16,4 | 5,0 | 12,0 | 1,0 | 23,6 | 1,6 | 1, 4, 7 | 20, 21, 23, 24, 25 |
| 3 KFC Filet Bites* | 73,8 | 172,7 | 8,6 | 3,0 | 10,0 | 0,0 | 14,1 | 1,8 | 1, 4, 7, 10 | 23 |
| Filet Burger* | 207,0 | 519,6 | 22,6 | 6,0 | 49,9 | 5,0 | 29,4 | 2,8 | 1, 4, 7, 9, 10, 11, 12 | 20, 21, 23, 25, 26 |
| Zinger Burger* | 202,0 | 517,1 | 24,2 | 7,0 | 47,9 | 6,0 | 26,9 | 2,1 | 1, 4, 9, 10, 11, 12, 13 | 20, 21, 23, 24, 25, 26 |
| KFC Gourmet Chicken* | 273,1 | 614,5 | 26,2 | 8,0 | 58,4 | 8,0 | 36,3 | 4,4 | 1, 4, 7, 9, 10, 12 | 21, 23, 25, 26, 29 |
| Grilled KFC Gourmet Chicken* | 255,5 | 431,8 | 13,8 | 5,0 | 42,4 | 9,0 | 34,2 | 2,6 | 1, 4, 7, 9, 10, 12, 13 | 21, 26, 29 |
| Double Crunch* | 192,2 | 494,0 | 20,0 | 5,0 | 51,9 | 6,0 | 24,2 | 2,0 | 1, 4, 7, 9, 10, 11, 12, 13 | 20, 21, 23, 24, 25 |
| Crispy Dog* | 125,0 | 310,0 | 13,0 | 3,0 | 35,0 | 8,0 | 13,0 | 1,7 | 1, 4, 7, 9, 11, 12, 13 | 20, 21, 23, 24, 25 |
| THE B.O.S.S.* | 226,0 | 545,0 | 26,0 | 10,0 | 46,0 | 10,0 | 31,0 | 3,5 | 1, 4, 7, 9, 10, 11, 12 | 21, 23, 25, 30 |
| Twister ®* | 217,2 | 499,0 | 23,5 | 8,0 | 47,1 | 3,0 | 23,0 | 0,8 | 1, 4, 7, 9, 10, 12, 13 | 20, 21, 23, 24, 25 |
| Yummy Twister* | 232,0 | 407,0 | 13,0 | 5,0 | 41,0 | 5,0 | 30,0 | 2,0 | 1, 4, 9, 10, 13 | 26 |
| Extra Ost | 12,0 | 40,0 | 3,0 | 2,0 | 0,0 | 0,0 | 2,0 | 0,5 | 4, 7 | 26, 29 |
| Grilled Chicken Salad* | 205,0 | 140,0 | 3,0 | 1,0 | 5,1 | 4,0 | 24,0 | 1,0 | 4, 9, 13 | - |
| KFC Filet Bites Salad* | 225,0 | 264,0 | 12,0 | 4,0 | 17,0 | 3,0 | 20,0 | 2,5 | 1, 4, 7, 9, 10 | 23 |
| Popcorn Chicken (Mellem)* | 150,0 | 285,0 | 16,0 | 2,7 | 15,4 | 0,6 | 21,2 | 1,6 | 1, 4, 7, 9 | 20, 21, 23, 24, 25 |
| Coleslaw | 140,0 | 190,0 | 11,2 | 2,0 | 18,9 | 14,0 | 1,0 | 1,2 | 1, 10 | 26 |
| Gravy | 30,0 | 13,2 | 0,0 | 0,0 | 2,0 | 0,0 | 0,0 | 0,3 | 4, 7, 9, 13 | 20, 21, 23, 24, 25, 26 |
| Kartoffelmos | 200,0 | 115,0 | 1,0 | 1,0 | 21,0 | 3,0 | 2,9 | 1,0 | 4, 7 | 20, 25 |
| Mini-Majskolbe* | 125,0 | 138,8 | 2,9 | 0,0 | 24,5 | 3,0 | 5,3 | 0,0 | 4 | - |
| Pommes Frites (mellem)* | 121,3 | 340,0 | 15,2 | 5,0 | 47,1 | 0,0 | 4,5 | 1,3 | 4 | 20 |
| Hot Chocolate Cake | 85,0 | 365,5 | 21,0 | 12,0 | 38,9 | 29,0 | 5,0 | 0,1 | 1, 4, 7, 12 | - |
| Cookie Chokolade | 76,0 | 375,0 | 19,0 | 10,0 | 47,0 | 31,0 | 4,0 | 0,4 | 1, 4, 7, 12 | - |
| Cookie Double Chokolade | 76,0 | 367,0 | 19,0 | 10,0 | 45,0 | 31,0 | 4,0 | 0,4 | 1, 4, 7, 12 | - |
| Milkshake Strawberry* | 300,0 | 458,0 | 16,0 | 10,0 | 71,0 | 61,0 | 9,0 | 0,2 | 1, 2, 7, 12 | 21 |
| Milkshake Peanut Butter* | 300,0 | 599,0 | 34,0 | 13,0 | 60,0 | 51,0 | 16,0 | 0,4 | 2, 7, | - |
| Milkshake Toffee* | 300,0 | 542,0 | 19,0 | 12,0 | 85,0 | 72,0 | 10,0 | 0,2 | 1, 2, 7, 12 | 21 |
| Smoky BBQ Dip | 27,0 | 42,0 | 0,0 | 0,0 | 10,0 | 8,0 | 0,0 | 0,6 | - | 21 |
| Creamy Curry Dip | 25,0 | 55,0 | 4,0 | 0,0 | 3,0 | 3,0 | 0,0 | 0,4 | 1, 9, 10 | 21 |
| 2HOT4U Dip | 25,0 | 34,0 | 0,0 | 0,0 | 8,0 | 5,0 | 0,0 | 0,8 | - | 21 |
| Sweet Imperial Dip | 25,0 | 38,0 | 0,0 | 0,0 | 9,0 | 8,0 | 0,0 | 0,2 | 9 | 21 |
| Pommes-Frites Sauce | 20,0 | 65,0 | 6,0 | 5,0 | 1,0 | 0,0 | 0,0 | 0,3 | 1, 10 | 26 |
| Ketchup | 15,0 | 118,0 | 0,0 | 0,0 | 4,0 | 4,0 | 0,0 | 0,3 | - | - |
| Balsamico | 75,0 | 64,0 | 2,0 | 0,0 | 9,0 | 9,0 | 0,0 | 2,4 | 13 | 20, 26 |
| French Dressing | 75,0 | 138,0 | 12,0 | 1,0 | 7,0 | 5,0 | 1,0 | 1,4 | 1, 7, 9, 10 | - |
| Joghurt Dressing | 75,0 | 157,0 | 15,0 | 1,0 | 5,0 | 3,0 | 1,0 | 0,8 | 1, 7, 9, 10, 12 | - |
| Pepsi Cola | 400,0 | 176,0 | 0,0 | 0,0 | 43,6 | 43,0 | 0,0 | 0,1 | - | 22, 26 |
| Pepsi Max | 400,0 | 0,8 | 0,0 | 0,0 | 0,0 | 0,0 | 0,0 | 0,1 | - | 21, 22, 26, 27, 28 |
| 7 Up | 400,0 | 168,0 | 0,0 | 0,0 | 42,0 | 42,0 | 0,0 | 0,2 | - | 21 |
| Mirinda Orange | 400,0 | 152,0 | 0,0 | 0,0 | 38,0 | 38,0 | 0,0 | 0,1 | - | 20, 21, 26 |
| Capri Sonne Orange | 200,0 | 82,4 | 0,0 | 0,0 | 20,0 | 20,0 | 0,0 | 0,1 | - | - |
| Capri Sonne Monster Alarm | 200,0 | 76,0 | 1,0 | 0,0 | 18,0 | 18,0 | 1,0 | 0,0 | - | - |
| Allergener: | 1 = Æg, 2 = Jordnødder, 3 = Fisk, 4 = Gluten, 5 = Krebs, 6 = Lupine, 7 = Mælk, 8 = Nødder, 9 = Selleri, 10 = Sennep, 11 = Sesam, 12 = Sojabønner, 13 = Sulfitter, 14 = Bløddyr | | | | | | | | | |
| Tilsætningsstoffer: | 20 = Antioxidant, 21 = Konserveringsmiddel, 22 = Koffein, 23 = Smagsforstærkere, 24 = Svovl, 25 = Fosfat, 26 = Farvestoffer, 27 = Sødstof, 28 = indeholder en Fenylalanin-kilde, 29 = Cheddar-ost forberedelse med farvestof | | | | | | | | | |
| PROMO | | | | | | | | | | |
| Meltz | 253,0 | 725,0 | 37,0 | 17,0 | 60,0 | 14,0 | 38,0 | 4,4 | 1, 4, 7, 9, 12 | 25, 26 |
| Deal For 2 Bucket | 890,0 | 2262,0 | 120,0 | 37,0 | 175,0 | 7,0 | 119,0 | 11,9 | 1, 4, 7, 9, 10, 12 | 23, 25, 26 |

* Gennemsnitsværdier (Allergen som er angivet findes i produkterne, dog kan krydskontamination med andre ingredienser, samt teknologisk uundgåelige urenheder i de enkelte produkter ikke helt udelukkes.)