



# ERNÆRING & ALLERGI

| Produkt                   | Vægt (g/ml)  | Kcal   | Fedt (g) | Heraf mættede fedtsyrer (g) | Kulhydrat (g) | Heraf sukkerarter (g) | Protein (g) | Salt (g) | Allergener              | Tilsætningsstoffer     |
|---------------------------|--|--------|----------|-----------------------------|---------------|-----------------------|-------------|----------|-------------------------|------------------------|
| 1 Kyllingestykke*         | 97.0   | 233.0  | 13.6     | 4.0                         | 9.0           | 1.0                   | 19.0        | 1.5      | 1, 4, 7, 10             | 23, 25                 |
| 3 Hot Wings ®*            | 78.6   | 248.3  | 16.9     | 6.0                         | 9.0           | 0.0                   | 15.0        | 1.5      | 1, 4, 7                 | 20, 21, 23, 24, 25     |
| 3 Crispy Strips*          | 121.8  | 292.3  | 16.4     | 5.0                         | 12.0          | 1.0                   | 23.6        | 1.6      | 1, 4, 7                 | 20, 21, 23, 24, 25     |
| 3 KFC Filet Bites*        | 73.8   | 172.7  | 8.6      | 3.0                         | 10.0          | 0.0                   | 14.1        | 1.8      | 1, 4, 7, 10             | 23                     |
| Filet Burger*             | 207.0  | 519.6  | 22.6     | 6.0                         | 49.9          | 5.0                   | 29.4        | 2.8      | 1, 4, 7, 9, 10, 11, 12  | 20, 21, 23, 25, 26     |
| Zinger Burger*            | 202.0  | 517.1  | 24.2     | 7.0                         | 47.9          | 6.0                   | 26.9        | 2.1      | 1, 4, 9, 10, 11, 12, 13 | 20, 21, 23, 24, 25, 26 |
| THE B.O.S.S.*             | 226.0  | 545.0  | 26.0     | 10.0                        | 46.0          | 10.0                  | 31.0        | 3.5      | 1, 4, 7, 9, 10, 11, 12  | 21, 23, 25, 30         |
| Cheese Crunch*            | 134.4  | 310.0  | 11.0     | 4.0                         | 37.0          | 7.0                   | 15.0        | 2.1      | 4, 7, 9, 10, 11, 12     | 20, 25, 26, 29         |
| Chili Cheese Crunch*      | 115.6  | 335.0  | 16.0     | 3.0                         | 34.0          | 4.0                   | 12.0        | 1.6      | 4, 9, 12                | 20, 25, 26             |
| BBQ Crunch*               | 139.4  | 329.0  | 11.0     | 4.0                         | 42.0          | 11.0                  | 15.0        | 2.1      | 4, 7, 9, 11, 12         | 20, 21, 25, 26, 29     |
| Twister ®*                | 217.2  | 499.0  | 23.5     | 8.0                         | 47.1          | 3.0                   | 23.0        | 0.8      | 1, 4, 7, 9, 10, 12, 13  | 20, 21, 23, 24, 25     |
| Extra Ost                 | 12.0   | 40.0   | 3.0      | 2.0                         | 0.0           | 0.0                   | 2.0         | 0.5      | 4, 7                    | 26, 29                 |
| Extra Bacon               | 100.0  | 411.0  | 35.0     | 14.0                        | 0.0           | 0.0                   | 24.0        | 4.0      |                         | 21                     |
| KFC Filet Bites Salad*    | 225.0  | 264.0  | 12.0     | 4.0                         | 17.0          | 3.0                   | 20.0        | 2.5      | 1, 4, 7, 9, 10          | 23                     |
| Popcorn Chicken (Mellem)* | 150.0  | 285.0  | 16.0     | 2.7                         | 15.4          | 0.6                   | 21.2        | 1.6      | 1, 4, 7, 9              | 20, 21, 23, 24, 25     |
| Coleslaw                  | 150.0  | 210.0  | 15.0     | 1.0                         | 15.0          | 12.0                  | 2.0         | 0.9      | 7                       | 20                     |
| Gravy                     | 30.0   | 13.2   | 0.0      | 0.0                         | 2.0           | 0.0                   | 0.0         | 0.3      | 4, 7, 9, 13             | 20, 21, 23, 24, 25, 26 |
| Kartoffelmos              | 200.0  | 115.0  | 1.0      | 1.0                         | 21.0          | 3.0                   | 2.9         | 1.0      | 4, 7                    | 20, 25                 |
| Mini-Majskolbe*           | 125.0  | 138.8  | 2.9      | 0.0                         | 24.5          | 3.0                   | 5.3         | 0.0      | 4                       | -                      |
| Pommes Frites (mellem)*   | 121.3  | 340.0  | 15.2     | 5.0                         | 47.1          | 0.0                   | 4.5         | 1.3      | 4                       | 20                     |
| Cookie Chokolade          | 76.0   | 375.0  | 19.0     | 10.0                        | 47.0          | 31.0                  | 4.0         | 0.4      | 1, 4, 7, 12             | -                      |
| Cookie Double Chokolade   | 76.0   | 367.0  | 19.0     | 10.0                        | 45.0          | 31.0                  | 4.0         | 0.4      | 1, 4, 7, 12             | -                      |
| Milkshake Chokolade*      | 300.0  | 492.0  | 18.0     | 12.0                        | 75.0          | 57.0                  | 9.0         | 0.3      | 2, 7                    | -                      |
| Milkshake Strawberry*     | 300.0  | 458.0  | 16.0     | 10.0                        | 71.0          | 61.0                  | 9.0         | 0.2      | 1, 2, 7, 12             | 21                     |
| Milkshake Peanut Butter*  | 300.0  | 599.0  | 34.0     | 13.0                        | 60.0          | 51.0                  | 16.0        | 0.4      | 2, 7                    |                        |
| Milkshake Toffee*         | 300.0  | 542.0  | 19.0     | 12.0                        | 85.0          | 72.0                  | 10.0        | 0.2      | 1, 2, 7, 12             | 21                     |
| Smoky BBQ Dip             | 27.0   | 42.0   | 0.0      | 0.0                         | 10.0          | 8.0                   | 0.0         | 0.6      | -                       | 21                     |
| Creamy Curry Dip          | 25.0   | 55.0   | 4.0      | 0.0                         | 3.0           | 3.0                   | 0.0         | 0.4      | 1, 9, 10                | 21                     |
| 2HOT4U Dip                | 25.0   | 34.0   | 0.0      | 0.0                         | 8.0           | 5.0                   | 0.0         | 0.8      | -                       | 21                     |
| Sweet Imperial Dip        | 25.0   | 38.0   | 0.0      | 0.0                         | 9.0           | 8.0                   | 0.0         | 0.2      | 9                       | 21                     |
| Pommes-Frites Sauce       | 20.0   | 65.0   | 6.0      | 5.0                         | 1.0           | 0.0                   | 0.0         | 0.3      | 1, 10                   | 26                     |
| Ketchup                   | 15.0   | 118.0  | 0.0      | 0.0                         | 4.0           | 4.0                   | 0.0         | 0.3      | -                       | -                      |
| Balsamico                 | 75.0   | 64.0   | 2.0      | 0.0                         | 9.0           | 9.0                   | 0.0         | 2.4      | 13                      | 20, 26                 |
| French Dressing           | 75.0   | 138.0  | 12.0     | 1.0                         | 7.0           | 5.0                   | 1.0         | 1.4      | 1, 7, 9, 10             | -                      |
| Joghurt Dressing          | 75.0   | 157.0  | 15.0     | 1.0                         | 5.0           | 3.0                   | 1.0         | 0.8      | 1, 7, 9, 10, 12         | -                      |
| Pepsi Cola                | 400.0  | 176.0  | 0.0      | 0.0                         | 43.6          | 43.0                  | 0.0         | 0.1      | -                       | 22, 26                 |
| Pepsi Max                 | 400.0  | 0.8    | 0.0      | 0.0                         | 0.0           | 0.0                   | 0.0         | 0.1      | -                       | 21, 22, 26, 27, 28     |
| 7 Up                      | 400.0  | 168.0  | 0.0      | 0.0                         | 42.0          | 42.0                  | 0.0         | 0.2      | -                       | 21                     |
| Mirinda Orange            | 400.0  | 152.0  | 0.0      | 0.0                         | 38.0          | 38.0                  | 0.0         | 0.1      | -                       | 20, 21, 26             |
| Capri Sonne Orange        | 200.0  | 82.4   | 0.0      | 0.0                         | 20.0          | 20.0                  | 0.0         | 0.1      | -                       | -                      |
| Capri Sonne Monster Alarm | 200.0  | 76.0   | 1.0      | 0.0                         | 18.0          | 18.0                  | 1.0         | 0.0      | -                       | -                      |
| Allergener:               | 1 = Æg, 2 = Jordnødder, 3 = Fisk, 4 = Gluten, 5 = Krebs, 6 = Lupine, 7 = Mælk, 8 = Nødder, 9 = Selleri, 10 = Sennep, 11 = Sesam, 12 = Sojabønner, 13 = Sulfitter, 14 = Bløddyr   |        |          |                             |               |                       |             |          |                         |                        |
| Tilsætningsstoffer:       | 20 = Antioxidant, 21 = Konserveringsmiddel, 22 = Koffein, 23 = Smagsforstærkere, 24 = Svovl, 25 = Fosfat, 26 = Farvestoffer, 27 = Søddestof, 28 = indeholder en Fenylalanin-kilde, 29 = Cheddar-ost forberedelse med farvestof |        |          |                             |               |                       |             |          |                         |                        |
| <b>PROMO</b>              |  |        |          |                             |               |                       |             |          |                         |                        |
| Bucket For One            | 321.4  | 813.6  | 41.7     | 12.7                        | 66.0          | 1.3                   | 60.7        | 5.3      | 1, 4, 7, 9, 12          | 23, 25                 |
| Bucket For Two            | 671.1  | 1814.2 | 100.5    | 32.0                        | 135.3         | 2.0                   | 94.8        | 11.4     | 1, 4, 7, 9, 12          | 23, 25                 |
| Best Of KFC Bucket        | 1252.2   | 3295.2 | 188.0    | 58.8                        | 254.0         | 5.2                   | 206.4       | 19.0     | 1, 4, 7, 9, 12          | 23, 25                 |

\* Gennemsnitsværdier (Allergener som er angivet findes i produkterne, dog kan krydskontamination med andre ingredienser, samt teknologisk uundgåelige urenheder i de enkelte produkter ikke helt udelukkes.)